



# *Japan by Sea*

IN THE LAND OF THE RISING SUN

May 11 to 24, 2013

a program of the stanford alumni association





With its dramatic coastlines dotted with sacred temples, celebrated gardens and cutting-edge architecture, the island nation of Japan is wonderfully suited for exploration by small ship. On one of our most popular voyages, we return to Japan and venture beyond the major cities to call upon a fascinating variety of historic towns, artistic centers and remote islands aboard the intimate *Caledonian Sky*. Former ambassador and East Asian expert Karl Eikenberry, along with Laurel Kendall from the American Museum of Natural History and Michael Golay from MIT, provide insights into current geopolitical issues in Japan and East Asia, Japanese religions and traditions, and Japan's nuclear challenges. We hope you can join us!

*Bozell*

BRETT S. THOMPSON, '83, DIRECTOR, STANFORD TRAVEL/STUDY

## Highlights

**MEET** and interact with Japanese artisans and religious thinkers, including a ceramicist, a Zen Buddhist monk and the owner of a traditional *geisha* house.

**TAKE PART** in a traditional tea ceremony in Kenroku-en, considered one of the finest landscaped gardens in Kanazawa.

**ENJOY** an electrifying private performance by the world-class *taiko* drumming group, Kodo, at its training center on the remote island of Sado.

**TRAVEL** aboard Japan's high-speed rail *shinkansen* ("bullet train") from the port of Niigata to Tokyo and view the contemporary collection at Tokyo's Mori Art Museum.

COVER: THE FLOATING TORII GATE AT MIYAJIMA

ZEN GARDEN





**BAMBOO FOREST**

## Itinerary

SATURDAY & SUNDAY,  
MAY 11 & 12

**DEPART U.S. / OSAKA,  
JAPAN / KYOTO**

Fly independently to Osaka and transfer to our deluxe hotel in Kyoto's alluring Higashiyama district. *HYATT REGENCY KYOTO*

MONDAY, MAY 13

**KYOTO**

Explore the lovely gardens and learn about Zen Buddhism at Tenryu temple, then stroll through the lush Sagano Bamboo Grove. After a *shojin ryori* (Buddhist vegetarian) lunch at the temple, return to our hotel for time at leisure. This evening, enjoy a private presentation by a former *geisha* and a *maiko* (an apprentice *geisha*) and a festive welcome reception and dinner. *HYATT REGENCY KYOTO (B,L,D)*

TUESDAY, MAY 14

**KYOTO**

Today choose between two excursions. Take a day trip to the Miho Museum, considered one of the master achievements of architect I.M. Pei and built into a mountain slope west of Kyoto. Or continue exploring Kyoto, with visits to Sanjusangen-do Temple, featuring 1,001 life-sized statues

of Kannon, the Buddhist goddess of mercy; the Zen temple compound of Nanzen-ji, with two distinctly different dry rock gardens; and the Golden Pavilion, covered in bright gold leaf. The evening is at leisure. *HYATT REGENCY KYOTO (B,L)*

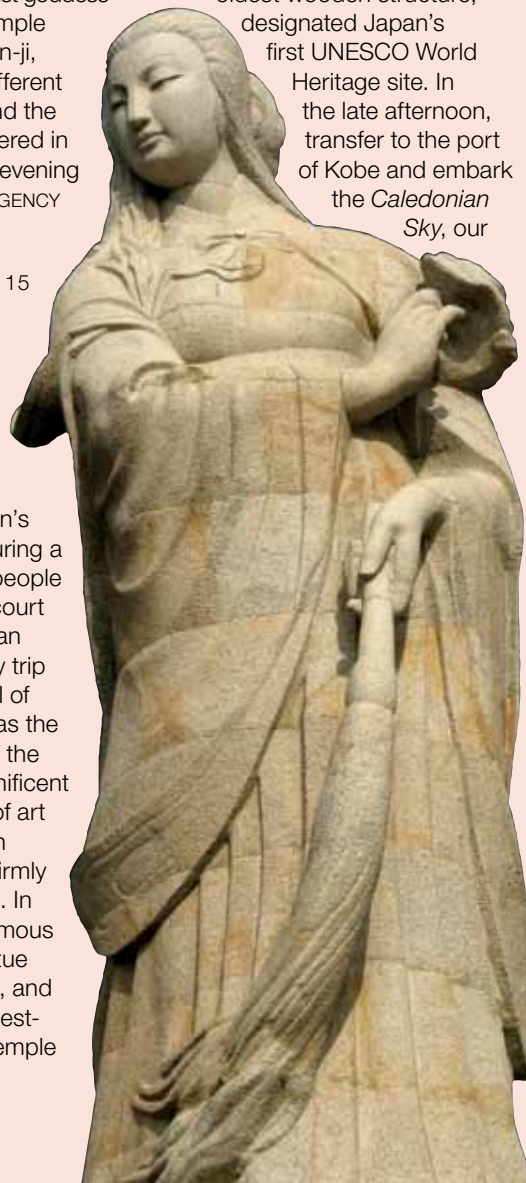
WEDNESDAY, MAY 15

**KYOTO / KOBE  
/ EMBARK  
CALEDONIAN  
SKY**

Today's options include attending Kyoto's annual Aoi Matsuri (Hollyhock) Festival, one of Japan's oldest festivals, featuring a lively procession of people dressed in imperial court costumes of the Heian period. Or take a day trip to the ancient capital of Nara, which served as the epicenter of some of the country's most magnificent temples and works of art during the time when Buddhism became firmly established in Japan. In Nara visit Todai-ji, famous for its monolithic statue of the Great Buddha, and Horyu-ji, Japan's oldest-surviving Buddhist temple and the world's

oldest wooden structure, designated Japan's first UNESCO World

Heritage site. In the late afternoon, transfer to the port of Kobe and embark the *Caledonian Sky*, our



home for the next eight nights. *CALEDONIAN SKY (B,L,D)*

THURSDAY, MAY 16

**NAOSHIMA**

Call at beautifully scenic Naoshima, one of many islands in the Inland Sea. Despite its small size and relatively remote location, Naoshima has recently emerged as a top destination for cutting-edge art and contemporary architecture, featuring two world-class museums designed by Tadao Ando and a growing body of interactive art installations and outdoor sculptures. *CALEDONIAN SKY (B,L,D)*

FRIDAY, MAY 17

**HIROSHIMA / MIYAJIMA**

Dock this morning at Hiroshima to visit the Peace Memorial Park and Museum, which documents the atomic explosion that ravaged the city and highlights its efforts for peace. The thriving modern city is a testament to Japan's post-war recovery. Return to the ship for lunch onboard and cruise to the nearby island of Miyajima. Anchor offshore and board Zodiacs to access the island. Visit the 6th-century Itsukushima Shinto Shrine, with its iconic vermilion *torii*, a grand wooden gateway that appears to float on the sea at high tide. *CALEDONIAN SKY (B,L,D)*



**SATURDAY, MAY 18  
HAGI**

Explore Japan's medieval heritage at Hagi, which boasts one of the best-preserved samurai and merchant quarters in Japan as well as a ceramic tradition that dates back nearly 400 years. Stop at the kiln of a master potter to learn how the highly acclaimed *Hagi-yaki* is made. Walk the grounds of Toko-ji, where hundreds of moss-covered stone lanterns guard the graves of five Mori lords. Cruise overnight across the Korea Strait. *CALEDONIAN SKY (B,L,D)*

**SUNDAY, MAY 19  
BUSAN, SOUTH KOREA**

Call this morning at the bustling South Korean port of Busan, one of the world's largest ports and the country's second-largest city (after Seoul). Stroll through the enormous Jagalchi Fish Market, featuring an incredible variety of fresh seafood. Learn about Korean cuisine during a private cooking class, followed by a folkloric performance and a lunch of local specialties. *CALEDONIAN SKY (B,L,D)*

**MONDAY, MAY 20  
MATSUE, JAPAN**

Back in Japan, drive through lush countryside to the Adachi Museum of Art to explore its

collection of modern Japanese works, set in exquisite gardens. Continue to charming Matsue and visit one of the few surviving ancient castles in Japan, built in 1611. Enjoy free time to stroll through Matsue's historic quarter. *CALEDONIAN SKY (B,L,D)*

**TUESDAY, MAY 21  
KANAZAWA**

Call at the artistic center of Kanazawa to visit Kenroku-en, considered by many to be the finest landscaped garden in Japan. Enjoy a tea ceremony at a classic teahouse. *CALEDONIAN SKY (B,L,D)*

**WEDNESDAY, MAY 22  
SADO ISLAND**

Arrive at remote Sado Island, once a place of exile for intellectuals and political dissidents and now the home base for the *taiko* drumming group, Kodo ("heartbeat"). Enjoy an exhilarating private performance and a rare opportunity to meet this world-famous troupe. Also visit a rice farm and sample local snacks with the owner's extended family. This evening enjoy a festive reception and dinner aboard ship. *CALEDONIAN SKY (B,L,D)*

**THURSDAY, MAY 23  
NIIGATA / DISEMBARK / TOKYO**

Disembark our ship in the port of Niigata and board a high-speed *shinkansen* ("bullet train") for Tokyo. Experience the excitement of cutting-edge, contemporary Japan in Tokyo's Roppongi Hills district during a guided tour of the Mori Art Museum, which sits atop the 54-story Mori Tower and features a premier collection of contemporary works from Japan and abroad. From the adjacent Tokyo City View observation deck, the city's highest viewpoint, take in spectacular views over the metropolis. This evening gather for a special farewell reception and dinner. *GRAND HYATT TOKYO (B,L,D)*

**FRIDAY, MAY 24  
TOKYO / U.S.**

Transfer to the Narita International Airport for flights home, or begin the optional post-trip extension. (B)



## Optional Post-trip Extension to Kamakura and Hakone

MAY 24 TO 27, 2013  
(3 ADDITIONAL DAYS)

Travel beyond Tokyo for a two-night stay at a traditional Japanese inn, or *ryokan*, in the hot springs resort area of Hakone. En route, visit the historic center of Kamakura, with its Zen temples and famous Daibutsu, a giant bronze statue of Buddha. Conclude with a final night in Tokyo before flights home to the U.S. Additional details and rates will be provided to confirmed participants.

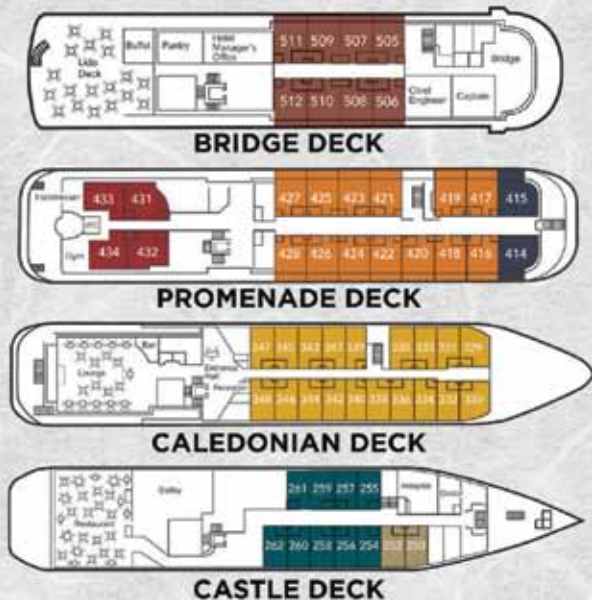


**SUN DECK**



# Caledonian Sky

The *Caledonian Sky* is a premier 114-passenger expedition ship that was newly refurbished in 2012. All cabins have an ocean view, en suite bathroom with walk-in shower and/or bathtub, spacious wardrobe or walk-in closet, safe, mini-bar, individually controlled air conditioner, flat-screen television, and sitting area with sofa. The ship's public amenities include a dining room, two lounges with bar service, small library and gym, sun deck with comfortable lounge chairs, hairdresser and gift shop. An elevator services all passenger cabin decks. The *Caledonian Sky's* chefs prepare quality international meals, predominantly Western-style, served at a single open seating. A friendly crew provides exceptional, personalized service, with more than a 1:2 crew-to-passenger ratio. The ship features advanced satellite navigation and communication equipment, roll stabilizers and a fleet of Zodiac landing craft.



# Program Cost\*

Rates are per person, based on double or single occupancy.

CATEGORY	DOUBLE RATE	SINGLE RATE**
<b>STANDARD SUITE (Forward)</b> 244 sq. ft. with two portholes, shower	\$9,690	—
<b>STANDARD SUITE</b> 244 sq. ft. with four portholes, shower	\$10,290	\$17,500
<b>SUPERIOR SUITE</b> 232 sq. ft. with large window, bathtub, shower (shower only in 329, 330, 331)	\$10,690	\$18,180
<b>PREMIUM SUITE</b> 217 sq. ft. with large window, shower (bathtub only in 431 & 432)	\$11,390	—
<b>DELUXE BALCONY SUITE</b> 215 sq. ft. plus 45-sq.-ft. private balcony, with sliding glass doors, walk-in closet, bathtub, shower	\$12,690	—
<b>PREMIUM BALCONY SUITE</b> 217 sq. ft. plus 60-sq.-ft. private balcony, with sliding glass doors, walk-in closet, shower	\$13,290	—
<b>OWNER'S CORNER BALCONY SUITE</b> 243 sq. ft. plus 60-sq.-ft. private balcony, with sliding glass door, two portholes, walk-in closet, shower	\$13,690	—

\*Association nonmembers add \$200 per person.  
\*\*Single accommodations are limited at these rates.

Built: 1991 / Refurbished: 2012 / Weight: 4,200 tons /  
Length: 297 feet / Beam: 50 feet / Draft: 14 feet /  
Cruising Speed: 11 knots / Registry: Bahamas



## **DATES**

May 11 to 24, 2013 (14 days)

## **SIZE**

Limited to a total of 96 participants, including travelers from Stanford, MIT and the American Museum of Natural History

## **INCLUDED**

3 nights of deluxe hotel accommodations in Kyoto and 1 night in Tokyo ■ 8-night cruise aboard the *Caledonian Sky* ■ 12 breakfasts, 11 lunches and 10 dinners ■ House wine, beer and soft drinks with all lunches and dinners onboard ship ■ Welcome and farewell wine receptions ■ Bottled water on excursions ■ Gratuities to porters, guides, drivers and ship crew for all group activities ■ All tours and shore excursions as described in the itinerary ■ Airport shuttle transfers and baggage handling at hotels on program arrival and departure days ■ Port fees and embarkation taxes ■ Minimal medical, accident and evacuation insurance ■ Educational program with lecture series and pre-departure materials, including recommended reading list, a selected book, map and travel information

## **NOT INCLUDED**

International and U.S. domestic airfare ■ Passport and visa fees ■ Immunization costs ■ Meals and beverages other than those specified as included ■ Independent and private transfers ■ Trip-cancellation/interruption and baggage insurance ■ Excess-baggage charges ■ Personal items such as internet access, telephone and fax calls, laundry and gratuities for nongroup services ■ Services of our professional tour manager to assist you throughout the program

## **AIR ARRANGEMENTS**

International and U.S. domestic airfare is not included in the program cost. Round-trip, economy-class airfare on United Airlines from San Francisco to Osaka with return from Tokyo is approximately \$1,700 as of June 2012 and is subject to change without notice.

## **FUEL COSTS**

In the uncertain, often volatile oil market of late, it is difficult to predict fuel costs over the long term and, more specifically, at the time of operation of this voyage. Our prices are based upon the prevailing fuel rates at the time of brochure printing. While we will do everything possible to maintain our prices, if the fuel rates increase significantly, it may be necessary to institute a fuel surcharge.

## **WHAT TO EXPECT**

We consider this to be a moderately strenuous program that is at times physically demanding and busy. Participants must be physically fit, active and in good health. Daily excursions involve up to one mile of walking at a time, sometimes on uneven terrain. In many instances such as in historic temples, elevators are unavailable, stairs may not have handrails and paths may be rocky or uneven. Participants will be required to remove shoes while visiting temples, shrines and a number of other sites. Participants should feel comfortable walking on a rocking ship and able to climb into and out of Zodiacs for two excursions ashore (there will be staff and crew members on hand to assist). We welcome travelers 15 years of age and older on this program.

## **Deposit & Final Payment**

A \$1,000-per-person deposit is required to hold space for this program. An additional \$200-per-person deposit is required to hold space for the optional post-trip extension. Complete and return the attached reservation form or sign up online. Final payment is due 120 days prior to departure. As a condition of participation, all confirmed participants are required to sign a Release of Liability.

## **Cancellations & Refunds**

Deposits and any payments are fully refundable, less a \$500-per-person cancellation fee, until 120 days prior to departure. After that date, refunds can be made only if the program is sold out and your place(s) can be resold, in which case a \$1,000-per-person cancellation fee will apply. We recommend trip-cancellation insurance; applications will be sent to you.

## **Insurance**

Stanford Travel/Study provides all travelers who are U.S. or Canadian citizens with minimal medical, accident and evacuation coverage under our group-travel insurance policy. Our group policy is intended to provide minimal levels of protection while you are traveling on this program. We strongly recommend that you subscribe to optional baggage and trip-cancellation insurance. A brochure offering such insurance will be mailed with your confirmation about one week after we receive your deposit. The product offered in this brochure includes special benefits if you postmark your insurance payment within a specified window: 15 days of the date listed on the confirmation letter for the Waiver of Pre-Existing Conditions and coverage for Financial Insolvency; 21 days for the Cancel for Any Reason benefit.

## **Eligibility**

We encourage membership in the Alumni Association as the program cost for nonmembers is \$200 more than the members' price. Parents and their children under 21 may travel on one membership. For more information or to purchase a membership, visit [alumni.stanford.edu/goto/membership](http://alumni.stanford.edu/goto/membership) or call (650) 725-0692.

## **Responsibility**

The Stanford Alumni Association, Stanford University and our operators act only as agents for the passenger with respect to transportation and ship arrangements and exercise every care possible in doing so. However, we can assume no liability for injury, damage, loss, accident, delay or irregularity in connection with the service of any automobile, motorcoach, launch or any other conveyance used in carrying out this program or for the acts or defaults of any company or person engaged in conveying the passenger or in carrying out the arrangements of the program. We cannot accept any responsibility for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, *force majeure* or other causes beyond our control. All such losses or expenses will have to be borne by the passenger as tour rates provide arrangements only for the time stated. We reserve the right to make such alterations to this published itinerary as may be deemed necessary. The right is reserved to cancel any program prior to departure in which case the entire payment will be refunded without further obligation on our part. The right is also reserved to decline to accept or retain any person as a member of the program. No refund will be made for an unused portion of any tour unless arrangements are made in sufficient time to avoid penalties. It is understood that the ship's ticket, when issued, shall constitute the sole contract between the passenger and the cruise company. Baggage is carried at the owner's risk entirely. The airlines concerned are not to be held responsible for any act, omission or event during the time that passengers are not onboard their plane or conveyance. Neither the Alumni Association, Stanford University nor our operators accept liability for any carrier's cancellation penalty incurred by the purchase of a nonrefundable ticket in connection with the tour. Program price is based on rates in effect in June 2012 and is subject to change without notice to reflect fluctuations in exchange rates, tariffs or fuel charges.

California Seller of Travel Program Registration #2048 523-50





# Stanford Faculty Leader

**KARL EIKENBERRY, MA '94**, is the William J. Perry Fellow in International Security at the Center for International Security and Cooperation at Stanford and previously served as the U.S. Ambassador to Afghanistan from 2009 to 2011. Ambassador Eikenberry's decision to study Mandarin Chinese as a cadet at the United States Military Academy at West Point in 1969 set him on a career path that would lead to 12 military and State Department postings in east and central-south Asia over the next four decades. As a soldier and diplomat, he served in times of both peace and war to help further American security interests throughout the Asia Pacific region. During our program, Ambassador Eikenberry will share his experiences and perspectives on Asian security issues, including related U.S. defense policies, the rise of China, and Japan and Korea's national strategies.

"[The academic element] was excellent—it's what keeps me coming back to Stanford Travel/Study."

**JUDY ROBBINS, '58, STANFORD TRAVELER**

## AMNH and MIT Study Leaders



**Laurel Kendall** is curator of the Asian Ethnographic Collections at the American Museum of Natural History and chair of its anthropology division, specializing in the cultures of East Asia. Dr. Kendall, who first visited Japan in 1971, looks forward to discussing the rich cultural heritage of Japan and Korea as well as Japanese religion and ritual in contemporary life.



**Michael Golay**, a professor of nuclear science and engineering at MIT, has devoted his career to working on problems of energy and the environment, particularly nuclear power and responses to climate change. He will discuss the recent events at Fukushima following the 2011 tsunami and the Japanese response to it; implications for the U.S., and the future use of nuclear power, particularly concerning potential climate change.

S T A N F O R D T R A V E L / S T U D Y

# Reservation Form Japan by Sea

May 11 to 24, 2013



I/We have read the Terms and Conditions for the program and agree to them.

Signature \_\_\_\_\_

If this is a reservation for one person, please indicate:

- I wish to have single accommodations.
- OR  I plan to share accommodations with \_\_\_\_\_
- OR  I'd like to know about possible roommates.

Category Preference:

- 1st choice: \_\_\_\_\_  Twin Beds  Queen Bed
- 2nd choice: \_\_\_\_\_  Twin Beds  Queen Bed

Here is my deposit of \$ \_\_\_\_\_ (\$1,000 per person) for \_\_\_\_\_ space(s), plus \$ \_\_\_\_\_ (\$200 per person) for the optional post-trip extension.

- Enclosed is my check (make payable to Stanford Alumni Association) OR
- Charge my deposit to my:  Visa  MasterCard  American Express

MR. / MRS. / MS.  
MISS / DR. / PROF.  
NAME \_\_\_\_\_ AGE \_\_\_\_\_ STANFORD CLASS \_\_\_\_\_

MR. / MRS. / MS.  
MISS / DR. / PROF.  
NAME \_\_\_\_\_ AGE \_\_\_\_\_ STANFORD CLASS \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY / STATE / ZIP \_\_\_\_\_

HOME PHONE \_\_\_\_\_ WORK PHONE \_\_\_\_\_

CELL PHONE \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

CARD # \_\_\_\_\_ EXPIRES \_\_\_\_\_

AUTHORIZED CARDHOLDER SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

Mail completed form to address on mail panel or fax to (650) 725-8675 or place your deposit online at [alumni.stanford.edu/trip?japan2013](http://alumni.stanford.edu/trip?japan2013). Please submit your reservation only once to avoid multiple charges to your account.

# Japan by Sea

IN THE LAND OF THE RISING SUN

May 11 to 24, 2013



ALUMNI

Stanford Travel/Study  
Frances C. Arrillaga Alumni Center  
326 Galvez Street  
Stanford, CA 94305-6105  
(650) 725-1093

Nonprofit Org.  
U.S. Postage  
PAID  
Stanford  
Association

[alumni.stanford.edu/goto/travelstudy](http://alumni.stanford.edu/goto/travelstudy)

"The content of the trip was superb. We have had the best experience with Stanford trips. There are always very special and unique aspects to each trip."

**BAILEY MEYER, MFA '63, SEA OF JAPAN COLLEGE, 2010**

S T A N F O R D T R A V E L / S T U D Y



WOODEN PRAYER TABLETS IN A KYOTO TEMPLE